



# Parent to Parent Super Sitter Training

for youth ages 13 and up

Monday - Wednesday, June 24, 25, & 26, 2019

Cost: \$95.00

**Monday - Wednesday**

**June 24, 25, 26**

10:00 am – 2:30 pm

**The Arc's Dan Godwin Community Center  
2602 McLeod Road, Bellingham, WA 98225**

The goal of this training is to introduce participants about children who experience developmental differences. Those taking the training will learn about caring for children with a variety of abilities. Topics covered during the training will be Inclusion, Communication, Behavior, and information about different kinds of disabilities as well as a 4.5 hour First Aid and CPR certification.

We ask of those taking the class to have had some experience babysitting and come with questions and an interest to learn beyond the basic babysitting skills. Becoming a Super Sitter helps build our community and opens pathways for future opportunities. **We encourage new super sitters to join us for our Parent to Parent Family BBQ on Saturday July 6<sup>th</sup> from 5:30 – 7:30 pm.**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birth date: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home phone: \_\_\_\_\_ cell: \_\_\_\_\_

Email: \_\_\_\_\_

**All information must be submitted by June 19, 2019.**

**Please mail your registration forms with fee of \$95.00** (with checks made out to the Arc) **to:** The Arc, 2602 McLeod Road, Bellingham WA 98225

You will be enrolled & notified once we receive this registration form.

Questions? Please contact Karlene Umbaugh; Parent to Parent of Whatcom County program Coordinator at (360) 715-0170 x 302 or [karleneu@arcwhatcom.org](mailto:karleneu@arcwhatcom.org)

Scholarships are available-please contact our office for more information.

### **Getting to Know You**

Please answer the questions below and send with your registration  
We welcome you to use the back of this paper or additional paper if you wish.

Tell us about your hobbies or activities you enjoy.

Have you had experience babysitting before? Yes No  
If yes, tell us how often you babysit.

Have you experienced any challenges when babysitting? Yes No  
If yes, what have they been? How did you handle the challenges?

What are your expectations you have for this training? What information would you like us to cover?

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\_\_\_\_\_  
Applicant Signature

\_\_\_\_\_  
Date:

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date:



## Parent to Parent of Whatcom County

2602 McLeod Road, Bellingham, WA 98225  
www.p2pwhatcom.org 360.715-0170 ext 302

Hello,

Thank you for your interest in the Super Sitter training. Here are some FAQs about our program.

### **What is Parent to Parent of Whatcom County?**

Parent to Parent (P2P) is a program for parents and other caregivers who have a child or children with developmental differences.

A developmental difference may be defined by a diagnosis, like Down syndrome or Autism. Some children though may have a delay without a diagnosis, or they may need care from their parents because they have an on-going health issue.

The Super Sitter training was originally developed by Camp Fire Girl association and about 18 years ago our program adopted the idea so that families who care for their children with developmental differences could find experienced "Mother's Helpers" and/or babysitters.

### **What is a Super Sitter?**

A Super Sitter is someone who attends all 3 days of training, is responsible, and displays an understanding of the skills needed to care for someone who may have additional needs.

Please note a Super Sitter is not a care provider and is not asked to administer medication or handle difficult or disruptive behavior.

During this training you will be asked if you would like to be on our list of Super Sitters. This is a list of over 50 individuals who have taken this course before you and who range in age between 13 and up.

### **How will I know if I am ready to be a Super Sitter?**

Many of our most experienced and successful Super Sitters began just as you did, by asking the same question. Like anything you do it is about gaining experience and having the motivation to continue being involved. We encourage you to talk it over with your parents and we are also available to help answer your questions. Everyone is welcome to take this course whether you become a P2P Super Sitter or not.

### **What are benefits of being a P2P Super Sitter?**

Throughout the years we have seen many of our Super Sitters go on to college or other jobs. We gladly provide letters of recommendation upon request for our established Super Sitters.

Being a Super Sitter will allow opportunities for you to meet people and learn along the way.

Thank you,

Karlene Umbaugh  
Program Coordinator

