

WHATCOM
taking**action**

for Children and Youth with Special
Health Care Needs (CYSHCN)

SEAS

Single Entry Access to Services

Resource Directory

for Children and Youth with Special
Health Care Needs

SEAS

Single Entry Access to Services

phone: 360.715.7485

fax: 360.676.6729

SEAS Resource Directory

SEAS Resource Directory	2
Apoyo para Familias en Español	9
Family Support-Hispanic	9
Padres a Padres (Part of Parent to Parent).....	9
El Centro para Niños con Necesidades Especiales	9
Latina Familia	9
Rebound of Whatcom County	9
Assistive Technology	10
The Ershig Assistive Technology Resource Center of Western Washington University	10
About.com	10
Appolicious.....	10
IEP Checklist for iPad	10
HANDOUTS.....	10
iPad 101	10
Special Needs and Education Apps for the iPad	10
Childcare and Caregivers	11
Childcare Aware	11
Homecare Referral Registry of Washington State	11
Super Sitter Program of Parent to Parent	11
Working Connections Childcare.....	11
HANDOUTS.....	12
Childcare for CYSHCN.....	12
Choosing a Caregiver Guide	12
Medicaid Personal Care Assistance for CYSHCN	12
Tips on Placing a Childcare Ad on the WWU Website.....	12
Ways to Find Respite in Whatcom County	12
Development and Early Learning	12
Early Learning and Family Services (ELAFS)	12
Early Head Start - Ages 0-3 years	12
Early Support for Infants and Toddlers (ESIT) - Ages 0-3 years	12

Head Start/ECAP - Ages 3-5 years.....	12
Help Me Grow Program - Ages 0-5 years.....	12
Peace Health Children’s Neurodevelopmental Program.....	13
Sendan Center.....	13
Whatcom County Feeding Team.....	14
RELATED WEBSITES.....	14
Department of Early Learning.....	14
Thrive by Five.....	14
US Department of Education-IDEA for ages 0-3 years.....	14
Education Advocacy.....	14
Arc of Whatcom County.....	14
Navigating Special Education.....	14
The Office of the Education Ombudsman.....	15
Sendan Center.....	15
Washington Autism Advocacy and Alliance.....	15
Whatcom County School District Special Education Programs.....	16
RELATED WEBSITES.....	16
Autism Outreach Project.....	16
Office of Superintendent of Public Instruction (OSPI) Special Education.....	16
US Department of Education-IDEA for ages 3-21.....	16
Wright’s Law.....	16
Family Support.....	17
Arc of Whatcom County.....	17
Brigid Collins Family Support Center.....	17
DSHS- Developmental Disabilities Administration (DDA, formerly DDD)	17
Domestic Violence and Sexual Assault Services (DVSAS).....	17
Kinship Navigator Services.....	18
Lummi Tribal Office.....	18
Opportunity Council.....	18
Northwest Youth Services.....	19
Parent to Parent (P2P).....	19
Readiness to Learn.....	19
Rebound.....	20
SEAS-Single Entry Access to Services.....	20

RELATED WEBSITES	20
AARP	20
Center for Children with Special Needs	20
Father’s Network.....	21
Family Voices.....	21
Family Village	21
Generations United.....	21
Grandparents Resource Center	21
Parent Help 1 2 3.....	21
Sibling Support Project	21
Washington State Department of Social and Health Services	22
Washington State Medical Home.....	22
HANDOUTS.....	22
Medicaid Personal Care Assistance for CYSHCN	22
Tips on Placing a Childcare Ad on the WWU Website	22
Ways to Find Respite in Whatcom County	22
Financial Help	22
Blue Skies for Children.....	22
Department of Social & Health Services (DSHS)	23
Lions Club Wheel Chair Program.....	23
Supplemental Security Income (SSI).....	23
Sisu Children’s Fund.....	23
Working Connections Childcare.....	23
RELATED WEBSITES	24
Needy Meds.....	24
Possibilities: a Financial Resource Guide for Parents of Children with Disabilities (PACER).....	24
HANDOUTS.....	24
Childcare for CYSHCN.....	24
Paying for Diapers with Provider One Medical Coverage	24
Healthcare – Community Health Centers.....	24
Interfaith Community Health Center	24
Lummi Tribal Health Center	24
Nooksack Tribal Health Center	25

Sea Mar Medical Centers	25
Sea Mar Bellingham Medical Center	25
Sea Mar Everson Medical Center.....	25
Health Insurance Access	26
Whatcom Alliance for Health Advancement (WAHA)	26
Parent Help 1 2 3.....	26
Washington Autism Advocacy and Alliance.....	26
HANDOUTS.....	27
When Your Child’s Health Care Services Are Not Covered	27
How to Change your Child’s Healthy Options Plan.....	27
Changes in Medicaid for CSHCN and People on SSI	27
Hearing	27
Bellingham Ear, Nose and Throat	27
Hearing Health Clinic	27
Western Washington University Speech, Language and Hearing Clinic	27
RELATED WEBSITES	28
Hands and Voices of Washington.....	28
Early Hearing-loss Detection Diagnosis and Intervention (EHDDI).....	28
National Center for Hearing Loss and Management.....	28
Medical Information	28
American Academy of Pediatrics.....	28
American Diabetes Association.....	28
Autism Society of Washington	28
Fragile X Association of Washington	28
Kids Health.....	28
Medline Plus	28
National Association for Down Syndrome	28
National Center for Complementary and Alternative Medicine	29
National Down Syndrome Congress	29
Medical Equipment and Supplies.....	29
Hoagland Pharmacy	29
Holland Homecare Durable Medical Equipment and Supplies	29
HANDOUTS.....	29

Paying for Diapers with Provider One Medical Coverage	29
Mental Health, Counseling and Behavior Management	29
Animals as Natural Therapy	29
Behavioral Health Access Program (BHAP).....	29
Catholic Community Services	30
Classes at Catholic Community Services	30
Interplay-Hidden Treasure Farm	30
Kids' Council NorthWest (KCNW)	31
Pacific Northwest Autism.....	31
Parent Child Institute of Whatcom County.....	31
Sendan Center	31
Whatcom Counseling and Psychiatric Clinic	32
RELATED WEBSITES	32
National Institute of Mental Health	32
National Alliance on Mental Health (NAMI)	32
National Alliance on Mental Health (NAMI) - Whatcom County.....	32
The Balanced Mind	33
Whatcom Mental Health Providers Directory	33
Nutrition Assessment and Education.....	33
Peace Health Nutrition and Diabetes Clinic.....	33
Whatcom County Feeding Team	33
WIC-Women, Infants and Children.....	33
Occupational Therapy	34
Pacific Kids Therapy.....	34
Peace Health Children's Neurodevelopmental Program.....	34
Pediatric Neurodevelopmental and Sensory Integration Therapy Services.....	34
Washington Elks Therapy Program:	35
Oral Health.....	35
Oral Health for People with Special Needs	35
Whatcom Alliance for Health Advancement (WAHA).....	35
HANDOUTS.....	36
Dental Care Resources for Kids.....	36
Physical Therapy.....	36

Harmony Physical Therapy	36
Integrative Physical Therapy Services	36
Peace Health Children’s Neurodevelopmental Program.....	36
Whatcom Physical Therapy.....	36
Recreation	37
Arne Hanna Aquatics Center	37
Bellingham Parks and Recreation	37
Dan Godwin Community Center.....	37
FACES.....	37
Fishing License.....	38
Max Higbee Center	38
National Parks and Federal Recreational Lands Pass	38
Northwest Therapeutic Riding Center	38
Special Olympics in Whatcom County.....	38
Summer Camps & Programs	39
TOPSoccer of Bellingham	39
HANDOUTS.....	39
Ways to Find Respite in Whatcom County	39
Regional Medical Centers	39
Center on Human Development and Disability	39
Seattle Children’s Hospital	39
Service Animals	39
Brigadoon Service Dogs.....	39
RELATED WEBSITES	40
Pet Partners.....	40
Speech and Language Therapy	40
Connections	40
Peace Health Children’s Neurodevelopmental Program.....	40
Western Washington University Speech and Language and Hearing Clinic	41
Transition to Adult Services	41
Arc of Whatcom County.....	41
DSHS Developmental Disabilities Administration	41
RELATED WEBSITES	41

Adolescent Health Transition Project.....	41
New Directions.....	41
Whatcom County Developmental Disabilities Program.....	42
HANDOUTS:	42
Future Planning Guide.....	42
Transportation	42
Medicaid Transportation	42
Whatcom Transportation Authority	42
HANDOUTS.....	42
Transportation Help to Medicaid-Covered Medical Appointments.....	42
Gas Vouchers for Medicaid-Covered Medical Appointments	42
Sample Fax Form for Gas Vouchers	42
Vision	43
Bellingham Central Lions Club.....	43
Frank Haskell Eye Clinic	43
Washington Sensory Disabilities Services.....	43
National Federation of the Blind.....	43
Northwest Braille Services.....	43
Northwest Eye Surgeons.....	44
Northwest Vision and Learning Center.....	44
Northwest Vision Development Center	44
Whatcom County Resource Directories	44
Opportunity Council Resource Directory	44
Washington Information Network	44

Apoyo para Familias en Español

Family Support-Hispanic

Padres a Padres (Part of Parent to Parent)

Alina Zollfrank, Coordinadora para la comunidad hispana

Phone: 360-255-2056 ext. 2

<http://www.p2pwhatcom.org/>

Apoyando a familias de niños con diferencias y retrasos del desarrollo o enfermedades crónicas.

Toda su información se mantiene confidencial.

- apoyo emocional
- actividades sociales y de recreación para toda la familia
- información sobre necesidades especiales y recursos en la comunidad
- boletín de noticias en español
- participación en la comunidad e inclusión de personas con necesidades especiales

El Centro para Niños con Necesidades Especiales

<http://cshcn.org/languages/spanish>

Latina Familia

<http://www.brigidcollins.org/index.php?display=45&expand=40>

Apoyando a familias en momentos de crisis, y también tenemos actividades semanales y mensuales para toda la familia sin costo. Todo los servicios son gratis. Por favor de llamar (360) 734-4616 para más información. Consulta sin cita para familias latinas: los lunes desde las 9 a las 2.

- Actividades familiares.
- Información acerca de ser padres.
- Madres comunitarias.
- Apoyo en momentos de crisis familiares.

Rebound of Whatcom County

<http://www.reboundwc.org/>

Trae esperanza y curación a los niños y las familias. Nuestra misión es equipar, fortalecer y capacitar a los niños y sus familias que se enfrentan con circunstancias difíciles.

- **Programa de On Track:** enriquecimiento para los padres - On Track apoya a los padres a medida que desarrollan la habilidad de fortalecer la familia. Clases educativas se ofrecen en Inglés y español sobre temas como las habilidades de crianza, como vivir una vida sana, y educación financiera.

- **Compass** - es un programa semanal de ayudar a los niños de bebé hasta grado ocho, para navegar los desafíos que enfrentan, ya que construir amistades en un ambiente de apoyo.

Assistive Technology

The Ershig Assistive Technology Resource Center of Western Washington University

The purpose of the Ershig Assistive Technology Resource Center (E-ATRC) is to increase awareness of Assistive Technologies (AT) that provide benefit for individuals with diverse needs. The E-ATRC is one of the Resource Centers of Woodring College of Education at WWU. Our primary focus is on preparing pre-service teachers-in-training to use technology to support the diverse learning needs of their future students.

In addition, the E-ATRC offers the following services to families, educators and other professionals in our local community: A small Community AT Lending Library that allows visitors to gain some 'hands-on' experience with AT tools

Participation in a 'Collaborative AT Consideration Process', involving families and school teams in brainstorming about individual AT needs:

<http://www.wce.wwu.edu/Resources/ATRC/WECU%20Project%20Consideration.shtml>

AT Grants to Families (maximum of \$200) are associated with the collaborative process described above. They support families in purchasing tools that may benefit their family member at home:

<http://www.wce.wwu.edu/Resources/ATRC/WECU%20Project%20Grants.shtml>

For more information, or to arrange a visit to the E-ATRC, please contact Linda Schleef, E-ATRC Coordinator: Linda.Schleef@wwu.edu

About.com

<http://specialchildren.about.com/od/equipment/tp/featuredapps.htm>

Appolicious

<http://www.appolicious.com/>

IEP Checklist for iPad

<http://www.peatc.org/peatc.cgim?template=IEPChecklistiPhone>

The IEP Checklist App helps parents of students with special needs become better-informed advocates by making IEP information easier to access.

HANDOUTS

iPad 101

Overview of the features of the iPad and how it can benefit persons with special needs.

Special Needs and Education Apps for the iPad

Resource for finding special needs apps for the iPad

Childcare and Caregivers

Childcare Aware

1111 Cornwall Avenue, Suite 200
Bellingham, Washington 98225
Phone: 360-734-8396
Fax: 360-671-5096

Toll Free: 1-888-444-1862
TTY: 1-800-833-6388

<http://www.oppco.org/ccrr/>

Opportunity Council's Child Care Aware is a community service that works with parents/families, early childhood educators, businesses, and community organizations to help promote the availability of high quality early care and education programs.

- Referrals to licensed child care providers
- Consumer education materials to help make the most informed decision when selecting a high-quality early care and education program.
- Enhanced referrals for children with special needs
- Professional development and support services

Homecare Referral Registry of Washington State

P.O. Box 45600
Olympia, Washington 98504
Phone: Toll-free: 866-580-4272 Fax: 360-493-9384

<https://fortress.wa.gov/hcqa/referralregistry/hcqa/>

The Home Care Referral Registry is a customized internet-based system designed to match the needs of publicly funded in-home consumers with pre-qualified home care providers. Participation on the Registry is voluntary and not a condition to receive or provide Medicaid services.

Super Sitter Program of Parent to Parent

2001 H Street
Bellingham, Washington 98225
Phone: 360-255-2056

Provides instruction, including CPR/First Aid certification to participants about the additional care, communication, and inclusion needs of children with developmental disabilities, delays and ongoing health care needs. The program also provides a list of recommended Super Sitters to families in our community.

Working Connections Childcare

<http://www.dshs.wa.gov/onlinecso/wccc.shtml>

Childcare subsidy for families who qualify based on income. A special subsidy is available for eligible special needs children who are in daycare and require a higher level of care. Apply online for DSHS benefits or in person at the local CSO.

HANDOUTS

Childcare for CYSHCN

Choosing a Caregiver Guide

Medicaid Personal Care Assistance for CYSHCN

Tips on Placing a Childcare Ad on the WWU Website

Ways to Find Respite in Whatcom County

Development and Early Learning

Early Learning and Family Services (ELAFS)

1111 Cornwall Avenue, Suite 200

Bellingham, Washington 98225

Phone: 360-734-8396 Fax: 360-671-5096

<http://www.opcco.org/early-childhood-education-and-assistance/>

Early childhood development services for low-income families, and children with special needs. Programs are free for eligible families.

Early Head Start - Ages 0-3 years

Designed to meet the needs of pregnant women, infants, toddlers and their families. Services include prenatal education and support for expectant parents, health and nutrition services, family development support, group socialization and home visits focusing on child development and quality early education.

Early Support for Infants and Toddlers (ESIT) - Ages 0-3 years

Provides services to children birth to 3 who have disabilities and/or developmental delays. Eligible infants and toddlers and their families are entitled to individualized, quality early intervention services in accordance with the federal Disabilities Education Act (IDEA), Part C.

Head Start/ECAP - Ages 3-5 years

Children enrolled in Head Start and the Early Childhood Education and Assistance Program (ECAP) attend preschool at a Child Care Partnership site, and receive health assessments, nutrition education, mental health services, social service referrals, home visits, and family support services.

Help Me Grow Program - Ages 0-5 years

WithinReach provides free developmental screening, connections to early learning and family support services, referrals to early intervention for developmental delays, and family support in English and Spanish to families across Washington.

<http://parenthelp123.org/child-development/help-me-grow-washington>

Call the Family Health Hotline 1-800-322-2588 to access Help Me Grow services in English and Spanish

Peace Health Children's Neurodevelopmental Program

809 East Chestnut

Bellingham, Washington 98225

Phone: 360-715-6430

Fax: 360-715-6562

<http://www.peacehealth.org/st-joseph/services/center-for-rehabilitation/Pages/Children-Neuro.aspx>

For children (0-13 years) with identified or suspected neurodevelopmental disabilities or delays. Medical coupons accepted. Medical insurances are billed directly. A physician referral is required.

- Neurodevelopmental assessment
- Occupational therapy
- Physical therapy
- Speech therapy

Sendan Center

1616 Cornwall Avenue, Suite 103

Bellingham, Washington 98225

Phone 360-305-3275

Fax: 360-734-5503

<http://www.sendancenter.com/>

Sendan Center's mission is excellence in child and adolescent mental and behavioral healthcare: 1) Evidence-based; 2) Collaborative / interdisciplinary; 3) Comprehensive: both diagnosis and treatment.

Child and Adolescent Psychiatry and Psychotherapy, including:

- C-BIT for Tourette Syndrome / tic disorders / trichotillomania
- CFTSI for children exposed to trauma
- Cognitive-Behavioral Therapy (CBT) for anxiety disorders including OCD
- Private pay / insurance

Autism Diagnosis and Treatment, including ABA

- ABA (Applied Behavior Analysis) Teams are headed by a PhD / doctorate-level behavior analyst (BCBA-D)
- Private pay / insurance / Medicaid

Behavior Services: In-home and in-school:

- ABA (Applied Behavior Analysis) Teams are headed by a PhD / doctorate-level behavior analyst (BCBA-D)
- For neurodevelopmentally impaired as well as typically developing children with significant behavior issues.
- Private pay / insurance / CIIBS waiver (DSHS) / DDA

Learning Differences

- Psychoeducational Testing and Treatment
- Tutoring
- Private pay

Education Advocacy

- Private pay

Whatcom County Feeding Team

The Whatcom County Feeding Team provides comprehensive interdisciplinary evaluations, treatment plans, and follow-up for children whose feeding, nutrition, and/or growth are a concern to family and/or care providers. A physician referral is required.

For information or to schedule an appointment after physician referral is made call:

Children's Neurodevelopmental Program 360-715-6340

RELATED WEBSITES

Department of Early Learning

<http://www.del.wa.gov/>

Information and resources for children's first and most important teachers—parents—as well as others who care for and teach young children.

Thrive by Five

<http://thrivebyfivewa.org/>

- **Love, Talk, Play** campaign supports parents as their child's first and most important teacher by focusing on love, talk and play. Provides ideas for everyday activities to enhance child development.

US Department of Education-IDEA for ages 0-3 years

<http://idea.ed.gov/>

The Individuals with Disabilities Education Act (IDEA) is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to more than 6.5 million eligible infants, toddlers, children and youth with disabilities.

Education Advocacy

Arc of Whatcom County

2602 McLeod Road

Bellingham, Washington 98225

Phone: 360-715-0170 ext. 303

Fax: 360-715-8522

<http://www.arcwhatcom.org/>

Information, workshops, 1 on 1 support, Individual Education Plan (IEP) advocates

Navigating Special Education

A class at Catholic Community Services offering support for parents advocating for their children at school.

Topics include how to:

- Improve the IEP
- Improve relationships at school

- Get organized
- Become an equal/integral part of the IEP team

Advance registration required. Call 676-2164, ext. 4081

The Office of the Education Ombudsman

Phone: 866-297-2597

www.governor.wa.gov/oeo

Informational booklets. Resolves complaints, disputes and problems between families and elementary and secondary public schools in all areas that affect student learning.

Sendan Center

1616 Cornwall Avenue, Suite 103

Bellingham, Washington 98225

Phone 360-305-3275

Fax: 360-734-5503

<http://www.sendancenter.com/>

Sendan Center's mission is excellence in child and adolescent mental and behavioral healthcare: 1) Evidence-based; 2) Collaborative / interdisciplinary; 3) Comprehensive: both diagnosis and treatment.

Behavior Services: In-home and in-school:

- Applied Behavior Analysis (ABA) Teams are headed by a PhD / doctorate-level behavior analyst (BCBA-D)
- For neurodevelopmentally impaired as well as typically developing children with significant behavior issues.
- Private pay / insurance / CIIBS waiver (DSHS) / DDA

Learning Differences

- Psychoeducational Testing and Treatment
- Tutoring
- Private pay

Education Advocacy

- Private pay

See [Mental Health](#) for more information on other services offered.

Washington Autism Advocacy and Alliance

A volunteer run organization serving approximately 2000 children and adolescents statewide. Most member families:

- don't qualify for any social services or aid and
- pay out of pocket for therapies that leaves them no money to afford them

Provides pro-bono contacts with Family Resource and Advocacy Coordinators who provide assistance with health insurance appeals and social service appeals.

Washington Autism Alliance and Advocacy is dedicated to Autism Insurance Reform and securing insurance benefits for every child with Autism in Washington State.

WAAA has been instrumental in the passing of Autism insurance reform laws and in upholding those laws through pro-bono litigation.

WAAA provides access to a supportive network of families of children on the spectrum who help find providers and school services, as well as personal support. A free online Resource Directory includes statewide Autism services of all types with personal recommendations from member families. All members receive access to free insurance and special education advocacy tools.

Washington Autism Alliance & Advocacy
www.washingtonautismadvocacy.org

Help with insurance, Medicaid, education and social services:
<http://www.washingtonautismadvocacy.org/family/>

Whatcom County School District Special Education Programs

Each of the seven school districts in Whatcom County provides evaluation and early intervention services for children beginning at age three. If a delay is suspected in any of the five areas (cognition, communication, fine motor, gross motor and/or social emotional) the school district will provide an interdisciplinary evaluation. Eligible children will be provided a preschool program with an Individualized Education Plan (IEP).

Contact the special education program in your school district.

Bellingham:	360-676-6514	Blaine:	360-332-0722
Nooksack Valley:	360-988-4754	Ferndale:	360-383-9212
Lynden:	360-354-2893	Meridian:	360-398-9898
Mt. Baker:	360-383-2012		

RELATED WEBSITES

Autism Outreach Project
www.esd189.org/autism/

Office of Superintendent of Public Instruction (OSPI) Special Education
<http://www.k12.wa.us/SpecialEd/default.aspx>

US Department of Education-IDEA for ages 3-21
<http://idea.ed.gov/explore/home>

The Individuals with Disabilities Education Act (IDEA) is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to more than 6.5 million eligible infants, toddlers, children and youth with disabilities.

Wright's Law
<http://www.wrightslaw.com/>

Information about special education law, and advocacy for children with disabilities

Family Support

Arc of Whatcom County

2602 McLeod Road

Bellingham, Washington 98225

Phone: 360-715-0170

Fax: 360-715-8522

<http://www.arcwhatcom.org/>

Advocacy, information and referrals for persons with developmental disabilities, support and education for caregivers.

- **Educational Programs and Workshops**
- **Voucher Program**
- **Parent Coalition**
- **CHOICE Project**
- **Youth Self-Advocacy**
- **Down Syndrome Outreach**
- **Choosing Care Givers Guide**
- **Future Planning Guide**

Brigid Collins Family Support Center

1213 N Garden Street, Suite 200

Bellingham, Washington 98225

Phone: 360-734-4616

Fax: 360-734-1763

<http://www.brigidcollins.org/>

Services for Children, families and pregnant women to help them assess their needs and access community resources. Special help for families impacted by child abuse, child sexual abuse, or chemical dependency.

- **Parenting education and skill building**
- **Parent support groups**
- **Support for foster children**
- **Familia Latina**

DSHS- Developmental Disabilities Administration (DDA, formerly DDD)

Phone: 360-714-5000

<http://www.dshs.wa.gov/ddd/>

Assists individuals with developmental disabilities and their families to obtain services and supports based on individual preference, capabilities and needs. Services are based on DDA guidelines and available funding.

Domestic Violence and Sexual Assault Services (DVSAS)

1407 Commercial Street

Bellingham, Washington 98225

<http://www.dvsas.org/>

Through advocacy counseling, support groups, legal assistance, and community trainings, DVSAS provides support, education, and healing to thousands of people each year. Services are free and confidential. Call if you or someone you know has experienced domestic violence or sexual assault.

24-Hour Helpline: (360) 715-1563 or (877) 715-1563

Walk-in Services: Monday-Friday, 9am-5pm

Kinship Navigator Services

Northwest Regional Council

Phone: Toll Free: 1-800- 585-6749 360-676-6749

<http://www.nwrcwa.org/kinship-caregiver-services/>

Grandparents and other family members raising a relative's child are known as Kinship Caregivers. Almost all Kinship Care families qualify for some benefits. Kinship Navigators provide crucial links between Kinship Caregivers and these services, to help create healthier environments and keep children out of the child welfare system.

Lummi Tribal Office

2592 Kwina Road

Bellingham, Washington 98226

Phone: 360-384-228

<http://www.lummi-nsn.org>

Serves members of the Lummi Nation by providing information and referral

- Lummi Crime Victim Assistance Program
- Lummi 24 hour help Line

Opportunity Council

1111 Cornwall Avenue

Bellingham, Washington 98225

Phone: 360-734-5121 Fax: 360-671-0541

www.oppco.org

Broad scope of services that range from helping people in crisis with immediate needs to addressing long-term systemic change

- **Community Resource Center:** Connects people with community resources to help meet basic needs such as food and housing; including requests for emergency shelter, rental assistance, referrals for affordable housing and problem solving help with landlord/tenant issues
- **Food and Nutrition:** Information about nutrition, and local food resources, Maple Alley Inn serves hot meals at two locations.
- **Energy Assistance and Home Repair:** helps pay home energy costs for eligible households, home energy audits and weatherization assistance
- **Shelter Programs:** homeless and transitional housing programs
- **Early Childhood Education:** see **Early Learning and Family Services**

- **Child Care and Support Services:** Child Care Aware-resource and referral, crisis childcare

Northwest Youth Services

1020 North State Street

Bellingham, Washington 98225

Phone: 360-734-9862

Fax: 360-734-4720

TDD: 1-800-833-6388

<http://www.nwys.org/>

Specializes in helping youth who have been marginalized by their choices or simply because of who they are.

- **Housing Under Served Low Income Youth (HUSLY)**
- **Transitional Living Program (TLP)**
- **Supportive Housing Program**
- **QYP Teen Youth Program**
- **Positive Adolescent Development (PAD)**

Parent to Parent (P2P)

2001 H Street

Bellingham, Washington 98225

Phone: 360-255-2056

<https://sites.google.com/a/p2pwhatcom.org/www/>

Emotional support and information to families of children with developmental disabilities, delays, and ongoing health care needs. Trained Helping Parents whose parenting experiences match yours as closely as possible. *See Hispanic Services

- Social and recreational events.
- Current information on disabilities, medical conditions and community resources.
- Parent Newsletter
- Sibshops

Readiness to Learn

Contact the **local school district special education department** to reach the Readiness to Learn Coordinator for your child's school.

Administered by the Office of Superintendent of Public Instruction, the program provides support to students (predominantly pre-school through grade 8) and their families who are at-risk by rigorously combining school and community-based resources as a means to reduce barriers to learning, bolster student engagement, and ensure that all children are able to attend school, ready to learn. RTL serves as an early intervention dropout reduction program. Supports include:

- Intensive outreach for families
- Tutoring and mentoring services
- Mental health and substance abuse services
- Case management
- Parent support and education

- Transportation and financial support
- Health services
- Food, clothing, housing, and employment assistance
- Individual, group, and community activities and services
- Gang diversion
- Extended learning and enrichment

Rebound

<http://www.reboundwc.org/>

Working in partnership with local agencies, area churches, local businesses and several hundred volunteers, Rebound brings hope and healing through such services as summer day camp, parent education, after school care with an academic focus, and support groups for kids and parents.

Current Rebound of Whatcom County Programs:

- **On Track Parenting Enrichment** - A variety of parenting classes including Becoming a Love & Logic Parent and Whatcom Dream Financial Building classes.
- **Compass** - Support group for kids that teaches the life skills necessary to understand, talk about, and cope with what is happening in their lives in healthy, positive ways. Elementary and middle school groups available.
- **Ray of Hope** - Summer Program is a 7 week day camp for children ages 5-12 with emotional, behavioral, and/or economic challenges.

SEAS-Single Entry Access to Services

Phone: 360-715-7485 FAX: 360-676-6729

http://www.whatcomcounty.us/health/children/taking_action2.jsp

Whatcom County phone and fax line serving professionals and families with questions or concerns about services for children with special needs. The SEAS Care Navigator accepts referrals, provides phone screening to identify need, and assures:

- Referral to appropriate community resource/agency
- Follow up with family and primary care provider regarding referral outcome, offering additional assistance as needed

RELATED WEBSITES

AARP

<http://www.aarp.org/relationships/friends-family/grandfacts-sheets/>

Center for Children with Special Needs

<http://www.cshcn.org/>

A program of Seattle Children's Hospital: provides information to families and professionals focusing on children who have chronic physical, developmental, behavioral or emotional conditions. Find information on diagnoses, organize medical information with a Care Notebook, create a plan of care, find support through others with similar experiences, or look up community-based resources.

- [Care Notebook](#)
- [Care Organizer](#)
- [Resource Information](#)

Father's Network

<http://www.fathersnetwork.org>

Information and resources for fathers raising a special needs child

Family Voices

<http://www.familyvoices.org/>

Provides families tools to make informed decisions, advocate for improved public and private policies, build partnerships among professionals and families, and serve as a trusted resource on health care.

Family Village

<http://www.familyvillage.wisc.edu/>

Family Village brings together thousands of online resources in a organized, easy-to-use directory. The centerpiece of Family Village is the library, where visitors can find information on over 300 diagnoses. Visitors can also learn about [assistive technology](#), [legal rights and legislation](#), [special education](#), [leisure activities](#) and much more.

Generations United

www.gu.org

Grandparents Resource Center

www.grc4usa.org

Parent Help 1 2 3

<http://www.parenthelp123.org>

ParentHelp123.org, is operated by the statewide non-profit [WithinReach](#) the website helps Washington State families find services in their communities, apply for health insurance, food assistance programs and more. The website also provides important health information for pregnant women, children and families.

- [Benefit Finder](#)
- [Children with Special Health Care Needs](#)
- [Pregnancy](#)
- [Family Resources](#)
- [Information for Professionals](#)
- [Resources](#)

Sibling Support Project

<http://www.siblingsupport.org/>

The Sibling Support Project is a national effort dedicated to the life-long concerns of brothers and sisters of people who have special health, developmental, or mental health concerns.

*For local activities see [Parent to Parent](#)

Washington State Department of Social and Health Services

Washington State has been a leader in providing support and services for Kinship Caregivers. Excellent information is available through the Washington State Department of Social and Health Services website, including information specific to Kinship Caregivers

<http://www.dshs.wa.gov/kinshipcare/index.shtml>

Specific Topics/Resources through that site include:

- [Legal Options](#)
- [Benefits and Services](#)
- [Healthcare](#)
- [Publications/Additional links](#)

Washington State Medical Home

<http://www.medicalhome.org>

The purpose of the Medical Home Family Pages is to help families, especially those who have a [child or youth with special health care needs](#), meet their child's needs through a mutually respectful and satisfying partnership with their child's primary care doctor.

HANDOUTS

[Medicaid Personal Care Assistance for CYSHCN](#)

[Tips on Placing a Childcare Ad on the WWU Website](#)

[Ways to Find Respite in Whatcom County](#)

Financial Help

Blue Skies for Children

2505 Cedarwood Avenue, Suite 2
Bellingham, Washington 98225
Office Hours: M-Th: 10:00AM to 4:00PM
Phone: 360-756-6710 Fax: 360-756-6732

<http://www.blueskiesforchildren.org/>

To raise hope and self-esteem by sponsoring enrichment programs and other essentials for homeless, low-income and foster children in Whatcom and Skagit Counties

Programs include:

- Little Wishes Enrichment Program
- One Time Little Wishes Program
- Spring Shoe Give Away
- Winter Warm up Program

- Alex-Pempe Youth Runners Fund
- Josh Fueston Memorial Swim to Live Fund
- Sponsor a Child Program

Department of Social & Health Services (DSHS)

Phone: 1-877-501-2233

<http://www.dshs.wa.gov/>

Online application for general benefits

Lions Club Wheel Chair Program

4141 W. Maplewood

Bellingham, Washington 98225

Phone: 360-752-5526

M-Th: 9-11:30AM

<http://www.bellinghamcentrallions.org/>

Assistance with wheelchairs, crutches, shower benches, etc. for low income individuals when funding is available.

Supplemental Security Income (SSI)

Phone: 1-800-772-1213

<http://www.ssa.gov/pgm/ssi.htm>

Supplemental Security Income (SSI), a program administered by the Social Security Administration (SSA), pays benefits to disabled adults and **children** who have limited income and resources. A child younger than age 18 can qualify if his or her family's **income and resources** fall within the eligibility limits and if he or she meets SSA's definition of disability for children. For some conditions, if the child is eligible based on the family's income and resources, SSI payments are granted right away, while the agency decides whether he/she meets the disability definition. If the agency decides that the child's disability is not severe enough for SSI, the family will not have to pay back the SSI payments that the child received. See publications: **Benefits for Children with Disabilities** and **Apply for Disability Benefits for Child under 18**.

Sisu Children's Fund

Phone: 360-671-8766

<http://sisuchildrensfund.org/>

A public charity able to give grants directly to needy families in Washington State, with priority to children in Whatcom and Skagit Counties.

- **academic scholarships** to a few admirable students each year. In order to qualify, you must have had a mental or physical disability in the past.
- **financial help** to buy medical services or equipment.

Working Connections Childcare

<http://www.dshs.wa.gov/onlinecso/wccc.shtml>

Childcare subsidy for families who qualify based on income. A special subsidy is available for eligible special needs children who are in daycare and require a higher level of care. Apply online for DSHS benefits or in person at the local CSO. *See **Childcare for CYSHCN**

RELATED WEBSITES

Needy Meds

<http://www.needymeds.org/>

Information on how to access special programs and grants to help with medical expenses.

Possibilities: a Financial Resource Guide for Parents of Children with Disabilities (PACER)

<http://www.pacer.org/publications/possibilities/>

HANDOUTS

Childcare for CYSHCN

Paying for Diapers with Provider One Medical Coverage

Healthcare - Community Health Centers

Interfaith Community Health Center

220 Unity Street

Bellingham, Washington 98225

Phone: 360-676-6177 Toll free phone: 877-235-6850 Fax: 360-671-3574

After-hours nurse: 800-607-5501

<http://www.interfaithchc.org/>

Primary and preventive health care for people at every age, accepts Provider One, Medicaid, Medicare, Basic Health Plan, and *most* private insurance. Charges are discounted on a sliding fee scale based on household size and income. No one is ever denied services because of an inability to pay.

- Primary care
- Dental
- Behavioral health

Lummi Tribal Health Center

2592 Kwina Road

Bellingham, Washington 98226

Phone: 360-384-0464 Fax: 360-384-4403

http://www.lummi-nsn.org/website/dept_pages/health/healthcenter.shtml

Comprehensive health care for the Lummi Indian Tribe and eligible members of federally recognized Tribes.

- Primary Care

- WIC
- Dental Clinic
- Mental health
- Community health services

Nooksack Tribal Health Center

6760 Mission Road
 Everson, Washington 98247
 Phone: 360-966-2106

<http://nooksackindiantribe.org/departments/healthcenter/>

Healthcare center that serves members of the Nooksack Indian Tribe and the Tribal Member community

- Primary Care
- WIC
- Dental Clinic
- Behavioral Health
- Community health services

Sea Mar Medical Centers

Comprehensive health and human services for the community.

- Primary care
- Obstetrics
- Laboratory services
- WIC (Women, Infants, Children)
- MSS (Maternity Support Services)
- Dental services
- Health care for the homeless and migrant outreach
- Outpatient mental health & substance abuse
- Inpatient substance abuse treatment (girls)
- Refugee screening

Sea Mar Bellingham Medical Center

4545 Cordata Parkway
 Bellingham, Washington 98226
 Phone: 360-671-3225 Fax: 360-671-0000

<http://www.seamar.org/location.php?xloc=4&xser=1&xcty=1&xserloc=2>

Sea Mar Everson Medical Center

6884 Hannegan Road
 Everson, Washington 98247
 Phone: 360-354-0766 Fax: 360-354-7667

<http://www.seamar.org/location.php?xloc=7&xser=1&xcty=1&xserloc=4>

Health Insurance Access

Whatcom Alliance for Health Advancement (WAHA)

Phone: 360-788-6594

<http://www.whatcomalliance.org>

- Helps people in our community find health insurance and health services
- Promotes system improvements
- Fosters public participation in developing sound health care policies
- Many helpful tools online to determine eligibility for medical programs
- Online newsletter
- Assistance over the phone or in person by appointment

Parent Help 1 2 3

<http://www.parenthelp123.org>

ParentHelp123.org is operated by the statewide non-profit WithinReach, and helps Washington State families find services in their communities and apply for health insurance, food assistance programs and more. *See **Family Support**

Benefit Finder

Children with Special Health Care Needs

Pregnancy

Family Resources

Information for Professionals

Resources

For more information or help in applying for benefits, call the Family Health Hotline 1.800.322.2588. Staff speak Spanish and can access interpreters for other languages.

Washington Autism Advocacy and Alliance

A volunteer run organization serving approximately 2000 children and adolescents statewide. Most member families:

- don't qualify for any social services or aid and
- pay out of pocket for therapies that leaves them no money to afford them

To face this urgent health crisis, provides pro-bono contacts with Family Resource and Advocacy Coordinators who provide assistance with health insurance appeals and social service appeals. Washington Autism Alliance and Advocacy is dedicated to Autism Insurance Reform and securing insurance benefits for every child with Autism in Washington State. WAAA has been instrumental in the passing of Autism insurance reform laws and in upholding those laws through pro-bono litigation.

WAAA provides access to a supportive network of families of children on the spectrum who help find providers and school services, as well as personal support. A free online Resource Directory includes statewide Autism services of all types with personal recommendations from member families. All members receive access to free insurance and special education advocacy tools.

Washington Autism Alliance & Advocacy

www.washingtonautismadvocacy.org

Help with insurance, Medicaid, education and social services:

<http://www.washingtonautismadvocacy.org/family/>

HANDOUTS

When Your Child's Health Care Services Are Not Covered

How to Change your Child's Healthy Options Plan

Changes in Medicaid for CSHCN and People on SSI

Hearing

Bellingham Ear, Nose and Throat

2940 Squalicum Parkway, Suite 203

Bellingham, Washington 98225

Phone: 360-733-0640

<http://www.bellinghament.com/index.html>

Diagnosis and treatment of adults and children with disorders of the ear, nose, throat, face, head, and neck.

Hearing Health Clinic

2940 Squalicum Parkway, Suite 205

Bellingham, Washington 98225

Phone: 360-671-7530 Fax: 360-671-7568

<http://www.hearinghealthclinic.com>

- Comprehensive hearing evaluations
- Referrals to a physician if medical evaluation or treatment is required
- Evaluations of appropriateness and selection of assistive listening devices
- Monitoring the outcome of hearing aid fittings and adjustments for maximum benefit

Western Washington University Speech, Language and Hearing Clinic

Ground Floor of the Academic Instructional Center (East Wing), at the south end of the Western Washington University campus.

Phone 360- 650-3881 (TDD) 360- 650-3262 Fax: 360- 650-4334

<http://www.wvu.edu/csd/speechlanguagehearingclinic.shtml>

The Clinic accepts referrals directly from clients, as well as from physicians, educators, other speech-language-hearing professionals and allied health service providers. For insurance coverage, doctor's orders are frequently required.

- Complete audiological assessment
- Evaluation to guide selection of appropriate amplification including hearing aids, assistive listening devices and cochlear implants

- Central auditory processing assessment and treatment
- Communication assessment for individuals with hearing disorders
- Family-centered individual and group aural (re)habilitation to improve listening and overall communication skills for individuals who use hearing aids and/or implantable devices
- Hearing aid and assistive listening device consultation, demonstration, recommendations, and sales

RELATED WEBSITES

Hands and Voices of Washington

<http://www.wahandsandvoices.org>

A parent-driven, non-profit organization providing families whose children are deaf, deaf/blind or hard of hearing with resources, networks, and information needed to improve communication and educational outcomes for their children.

Early Hearing-loss Detection Diagnosis and Intervention (EHDDI)

<http://www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/EarlyHearingLoss.aspx>

National Center for Hearing Loss and Management

<http://www.infanthearing.org/familysupport/index.html>

Medical Information

American Academy of Pediatrics

<http://www.healthychildren.org/English/Pages/default.aspx>

American Diabetes Association

<http://www.diabetes.org>

Autism Society of Washington

<http://www.autismsocietyofwa.org/>

Fragile X Association of Washington

<http://www.wafragilex.org>

Kids Health

<http://kidshealth.org/>

Kids Health provides families with perspective, advice, and comfort about a wide range of physical, emotional, and behavioral issues that affect children and teens.

Medline Plus

<http://www.nlm.nih.gov/medlineplus/>

National Association for Down Syndrome

<http://www.nads.org>

National Center for Complementary and Alternative Medicine

<http://nccam.nih.gov>

National Down Syndrome Congress

<http://ndscenter.org/>

Medical Equipment and Supplies

Hoagland Pharmacy

2330 Yew Street

Bellingham, Washington 98229

Phone: 360-685-5004 Fax: 360- 685-5055

Holland Homecare Durable Medical Equipment and Supplies

809 West Orchard Drive, Suite 3

Bellingham, Washington 98225

Phone: 360-734-4826

HANDOUTS

[Paying for Diapers with Provider One Medical Coverage](#)

Mental Health, Counseling and Behavior Management

Animals as Natural Therapy

721 Van Wyck Road

Bellingham, Washington 98226

Phone: 360-671-3509

<http://www.animalsasnaturaltherapy.org/>

Animals as Natural Therapy (ANT) provides alternative healing and support for local youth, veterans and their families. ANT's comprehensive "Creating Pathways" projects create opportunities for hope and healing through impactful interactions with horses and other farm animals. Horses require a person to learn to calmly and quickly resolve problems while teaching important life skills such as confidence, honesty, trust, empathy, leadership, and clear communication—a powerful experiential solution for learning to face life's challenges.

Behavioral Health Access Program (BHAP)

Phone: 788-6594

<http://www.whatcomalliance.org/getting-healthcare/mental-health>

BHAP connects people to affordable mental health counseling services in Whatcom County. Counseling services are provided by licensed mental health professionals at various clinics and private practices in the community.

To be eligible for BHAP, patients must be a resident of Whatcom County, low- to mid-income, and have no insurance that covers mental health services. Patients pay a co-pay on a sliding fee scale, \$0-\$20 per visit.

Catholic Community Services

<http://www.ccsww.org/site/PageServer>

Mental health services to Medicaid eligible children and their families in Whatcom, Skagit and Snohomish Counties.

Call the Area Provider Network (APN) at 1-888-693-7200 to access services.

- Individual and/or family counseling/therapy
- Medication evaluation/management
- Coordination with primary care physicians
- Case management
- Groups for children and adolescents that focus on managing behaviors and emotions, and developing self-care and interpersonal relationship skills

Classes at Catholic Community Services

All classes are held at;

CCSWW - NW

1133 Railroad Ave.

Bellingham, Washington 98225

Advance registration required. Call CCS at 360-676-2164.

1-2-3 Magic

- A behavior management method which provides parents with the tools to discipline children ages 2-12 without arguing, yelling, or spanking while providing positive reinforcement and skill-building for your child.

ADHD Parent Education Class

- A class for parents to learn about ADHD and how it is treated.

Navigating Special Education Class

Advance registration required. Call 676-2164, ext. 4081

- Support for parents advocating for their children at school: How to improve the IEP, improve relationships at school, get organized, and become an equal/integral part of the IEP team.

Interplay-Hidden Treasure Farm

Lynden, Washington

www.interplaycounseling.com

Relationship counseling for youth and their families with horses as guides

Kids' Council NorthWest (KCNW)

1212 Indian Street, P.O. Box 4124
Bellingham, WA 98227
360-223-6681

<http://www.kcnw.org/home>

Kids' Council Northwest (KCNW) is a non-profit group that runs the TreeHouse which provides grief support group to children, teens, and their families after a death of someone significant. Children and teens meet in a supportive environment to share their thoughts and feelings in a talking circle and through grief-related activities, art and play. Trained volunteers facilitate each support group. Advance registration required.

Pacific Northwest Autism

4152 Meridian Street, Suite 105-577
Bellingham, Washington 98228
Phone: 360-348-6414

<http://www.pacificnorthwestautism.com/index.html>

Conducts assessments, design goals and programs based on **Applied Behavior Analysis (ABA)** and then trains the family, caregivers and instructors to carry out the interventions.

Parent Child Institute of Whatcom County

Pediatric NDT & SI Therapy introduces the Parent Child Institute of Whatcom County, a home- and classroom-based multidisciplinary approach to sensory, motor, language, and cognitive development.

Under the creative direction of motor therapists, language therapists, and a special education teacher, you and your child have an opportunity to take part in small groups that focus on individual goals. In-home family-centered services are also available.

www.parentchildinstitutewhatcom.org

Sendan Center

1616 Cornwall Avenue, Suite 103
Bellingham, Washington 98225
Phone: 360-305-3275

Fax: 360-734-5503

<http://www.sendancenter.com/>

Sendan Center's mission is excellence in child and adolescent mental and behavioral healthcare: 1) Evidence-based; 2) Collaborative / interdisciplinary; 3) Comprehensive: both diagnosis and treatment.

Child and Adolescent Psychiatry and Psychotherapy, including:

- C-BIT for Tourette Syndrome / tic disorders / trichotillomania
- CFTSI for children exposed to trauma
- Cognitive-Behavioral Therapy (CBT) for anxiety disorders including OCD

- Private pay / insurance

Autism Diagnosis and Treatment, including ABA

- Applied Behavior Analysis (ABA) Teams are headed by a PhD / doctorate-level behavior analyst (BCBA-D)
- Private pay / insurance / Medicaid

Behavior Services: In-home and in-school:

- ABA (Applied Behavior Analysis) Teams are headed by a PhD / doctorate-level behavior analyst (BCBA-D)
- For neurodevelopmentally impaired as well as typically developing children with significant behavior issues.
- Private pay / insurance / CIIBS waiver (DSHS) / DDA

Learning Differences

- Psychoeducational Testing and Treatment
- Tutoring
- Private pay

Education Advocacy

- Private pay

Whatcom Counseling and Psychiatric Clinic

3645 East McLeod Road

Bellingham, Washington 98226

Phone: 360-676-2220 Fax: 360-676-7750

<http://www.whatcomcounseling.org/>

Mental health services for children, adults and elders. Accepts Medicaid, Healthy Options, Basic Health, most private insurance plans and private payers.

- Psychiatric assessments
- Medications
- Coordination of care with primary physician
- **Rainbow Center**
- Crises services 24/7 by calling 1-800-584-3578

RELATED WEBSITES

National Institute of Mental Health

<http://www.nimh.nih.gov>

National Alliance on Mental Health (NAMI)

<http://www.nami.org/>

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raising awareness and building a community of hope for all of those in need.

National Alliance on Mental Health (NAMI) - Whatcom County

<http://www.namiwhatcom.org/>

NAMI, the National Alliance on Mental Illness, of Whatcom County is the local branch of the nation's largest grassroots mental health organization. NAMI Whatcom increases community support for recovery and reintegration of persons who have mental illness. They hold Mental Illness Awareness Workshops and Educational Program meetings. NAMI also holds a number of Support Groups; Monthly Family Support, Suicide Survivors Support, and NAMI Connection.

The Balanced Mind

<http://www.thebalancedmind.org/>

Family resources for children with mood disorders

Whatcom Mental Health Providers Directory

<http://www.namiwhatcom.org/whatcom-mental-health-providers/>

NAMI of Whatcom County's database of local mental health providers

Nutrition Assessment and Education

Peace Health Nutrition and Diabetes Clinic

809 E. Chestnut Street
Bellingham, Washington 98225
Telephone: 360- 788-6558
Fax: 360- 788-6495

<http://www.peacehealth.org/st-joseph/services/diabetes-and-nutrition/Pages/Default.aspx>

The Peace Health St. Joseph Medical Center Nutrition & Diabetes Clinic works with patients, either individually or in groups, to help them discover the best ways to manage their health through diet, nutrition, exercise, lifestyle changes, or, if needed, improved use of diabetes medications, including insulin. A physician referral is required.

Whatcom County Feeding Team

The Whatcom County Feeding Team provides comprehensive interdisciplinary evaluations, treatment plans, and follow-up for children whose feeding, nutrition, and/or growth are a concern to family and/or care providers. A physician referral is required.

For Information or to schedule an appointment after physician referral is made call:
Children's Neurodevelopmental Program 360-715-6340

WIC-Women, Infants and Children

Whatcom County Health Department	360- 676-6762
Lummi Indian Health Clinic:	360-384-0464
Nooksack Indian Health Clinic:	360-966-2106

SeaMar Family Health Center / Bellingham: 360-788-7150

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is a preventive health and nutrition program that provides short term assistance to young families to promote optimal growth and development

Services:

- Nutrition and health assessment
- Nutrition education
- Breastfeeding counseling
- Vouchers for specific nutritious foods
- Health and social referrals

Occupational Therapy

Pacific Kids Therapy

148 Harborview Drive

Bellingham, Washington

Phone: 360-393.6210

Fax: 360-738.8786

<http://www.pacifickidstherapy.com/>

Occupational Therapy services to assist children to become independent in their daily activities.

- Evaluation Treatment
- Parent training
- Consultation with families and other professionals

Peace Health Children's Neurodevelopmental Program

809 East Chestnut

Bellingham, Washington 98225

Phone: 360-715-6430

Fax: 360-715-6562

<http://www.peacehealth.org/st-joseph/services/center-for-rehabilitation/Pages/Children-Neuro.aspx>

For children (0-13 years) with identified or suspected neurodevelopmental disabilities or delays. Medical coupons accepted. Medical insurances are billed directly. Written referral by the primary care physician required.

- Neurodevelopmental assessment
- Occupational therapy
- Physical therapy
- Speech therapy

Pediatric Neurodevelopmental and Sensory Integration Therapy Services

348 West King Tut Road

Bellingham, Washington 98228

Phone: 360-398-2772

<http://susanmcnutt.net/default.aspx>

A private clinic located on a small farm. A variety of modalities including

- Therapeutic animals
- Hydrotherapy
- Hypnotherapy
- Sensory integrative equipment is utilized to assist children in developing sensorimotor, communication and social interaction skills.
- **Parent Child Institute of Whatcom County**

Washington Elks Therapy Program:

Phone: 253-472-6223 or 800 825- 3557

Email waelks@waelks.net

<http://www.tallelks.org/>

A private non-profit organization which provides home based occupational therapy services to children at no cost to families.

Oral Health

Oral Health for People with Special Needs

<http://www.doh.wa.gov/YouandYourFamily/OralHealth/PeoplewithSpecialNeeds.aspx>

- Educational Materials: **Oral Health Promotions Cards and Brochures** for Children with Special Needs list evidence based oral health messages and oral health resources. Brochures are designed to be used with patients to discuss good oral health habits.
- Oral Health Fact Sheets for People with Special Needs. Fact sheets are for mild to moderate manifestations of a number of special needs conditions. For most conditions there are separate fact sheets for Dental Professionals, Medical Professionals, and Parents and Caregivers. Fact sheets can be found on the **University of Washington Oral Medicine website**.

Whatcom Alliance for Health Advancement (WAHA)

Phone: 360-788-6594

<http://www.whatcomalliance.org/getting-healthcare/dental-care>

WAHA's access counselors can talk with you about a variety of dental resources and help you find the best option to get the care you need including urgent dental care

- **Access to Baby and Child Dentistry** A dental program for children birth to age 5 with Apple Health for Kids (DSHS) that helps kids get early dental care.
- **Whatcom Project Access Dentist (WPAD)** WPAD links volunteer dentists with low income, uninsured Whatcom County residents who currently have a dental need.

- **Whatcom County Oral Health Coalition** Complete, up-to-date information about dental resources in Whatcom County.

HANDOUTS

Dental Care Resources for Kids

Physical Therapy

Harmony Physical Therapy

Phone: 360-647-1242

Heather Cullen, private practice

Integrative Physical Therapy Services

2114 James Street

Bellingham, Washington 98225

Phone: 360-715-8686

<http://www.integrativephysicaltherapyservices.com/>

Specializes in the treatment of both adult and pediatric clients.

- Manual therapy
- Movement analysis
- Structural approach
- Corrective exercises
- Patient education

Peace Health Children's Neurodevelopmental Program

809 East Chestnut

Bellingham, Washington 98225

Phone: 360-715-6430 Fax: 360-715-6562

<http://www.peacehealth.org/st-joseph/services/center-for-rehabilitation/Pages/Children-Neuro.aspx>

Written referral by the primary care physician required.

For children (0-13 years) with identified or suspected neurodevelopmental disabilities or delays. Medical coupons accepted. Medical insurances are billed directly.

- Neurodevelopmental assessment
- Occupational therapy
- Physical therapy
- Speech therapy

Whatcom Physical Therapy

250 G Street

Blaine, Washington 98231

Phone 360-332-8167

<http://whatcompt.com/>

Whatcom Physical Therapy specializes in providing generalized care with an emphasis in orthopedics.

BLAINE

250 G Street
Blaine, Washington
98231

Phone: 360-332-8167

FERNDALE

5603 3rd Street
Ferndale, Washington
98248

Phone: 360-384-5171

POINT ROBERTS

3020 Benson Rd
Point Roberts, Washington
98281

Phone: 360-332-8167

Recreation

Arne Hanna Aquatics Center

1114 Potter Street
Bellingham, Washington 98229
Phone: 360-778-7665

Adapted swim program and general swim and classes.

Bellingham Parks and Recreation

3424 Meridian Street
Bellingham, Washington 98225
Phone: 360-778-7000

- Publishes the **Leisure Guide** quarterly to inform public of recreation events, and classes.
- Publishes maps and descriptions of trails in Bellingham
- Activities are available specifically for children and adults with special needs.

Dan Godwin Community Center

2602 McLeod Rd
Bellingham, Washington 98225
Phone: 360-715-0170 or 1-866-284-8444

<http://www.arcwhatcom.org/aboutdgcc.html>

Recreational and educational activities for persons with developmental disabilities

FACES

<http://www.facesnorthwest.com>

A 501 (c) 3 non-profit corporation founded and operated by parents of children with autism in Whatcom County. Private pay, partially covered by Extended School Year school district funds.

Eight-week therapeutic recreational day camp in July and August for children and young adults with autism from ages 5 through 21.

Fishing License

The following are eligible for a combination fishing license (fresh water, salt water, and shellfish) and/or hunting license(s) at a discounted rate. See Disability Fee Schedule.

- Resident who permanently uses a wheelchair as certified by the doctor
- Resident who is blind or visually impaired
- Resident with a developmental disability as determined by DSHS authority or physicians signature

https://fishhunt.dfw.wa.gov/wdfw/disability_apps.html

Max Higbee Center

1210 Bay Street, Suite 102
Bellingham, Washington 98225
Phone: 360-733-1828

<http://www.maxhigbee.org/index.html>

A 501 (c) 3 nonprofit organization that provides recreation programs for teens and adults (ages 14+) with developmental disabilities.

- **Weekend Drop-In Program-**
- **Community Access Program (CAP)**
- **SPIN Dances**

National Parks and Federal Recreational Lands Pass

<http://www.nps.gov/findapark/passes.htm>

Access Pass for free admission to National Parks and Federal Recreational Lands for U. S. Citizens or permanent residents with permanent disabilities

The pass may be obtained in person at a federal recreation site or through the mail using this [application form](#) . The cost of obtaining an Access Pass through the mail is ten dollars (\$10) for processing the application (the Pass is free). Applicants must provide documentation of permanent disability and residency or citizenship.

Northwest Therapeutic Riding Center

1884 Kelly Road
Bellingham, Washington 98226
Phone: 360 966-212

<http://www.nwtrc.org>

A nonprofit program, providing therapeutic horseback riding to people of all ages with a wide range of disabilities.

Special Olympics in Whatcom County

http://specialolympicswashington.org/support_programs/local_programs/whatcom

North Whatcom Special Olympics program for children and adults with intellectual disabilities who love sports and want the challenge of competing with their peers. The program runs year round offering competition in six sports: Basketball,

Speed/Figure Skating, Athletics (track & field), Aquatics, Soccer, Softball, and Bowling. The goal is to provide a program of physical fitness with an emphasis on sportsmanship, friendships, and FUN!

Summer Camps & Programs

Phone: 866-987-2500, option 3

<http://cshcn.org/resources-contacts/summer-camp-directory>

The 2013 Summer Camp Directory for Children with Special Healthcare Needs is now available. Visit <http://www.cshcn.org/> to download the PDF or to scan the searchable database. The online version has the most current information.

TOPSoccer of Bellingham

<https://korrio.com/groups/bellingham-topsoccer/>

The Outreach Program for Soccer is a community-based soccer program for boys and girls, men and women, 4 years old and up who have a cognitive and/or physical disability. Organized by youth soccer association volunteers, this unique program enables these players to participate at levels consistent with their skills, not necessarily their age.

HANDOUTS

[Ways to Find Respite in Whatcom County](#)

Regional Medical Centers

Center on Human Development and Disability

1701 Columbia Rd

Seattle, Washington 98195-7920

Phone: 206-543-7701

<http://depts.washington.edu/chdd/>

Seattle Children's Hospital

4800 Sand Point Way Northeast

Seattle, Washington 98105

Phone: 206-987-2000, 866-987-2000 (toll-free)

<http://www.seattlechildrens.org/>

Service Animals

Brigadoon Service Dogs

4750 Mission Road

Bellingham, Washington 99226

Phone: 360-733-5388

<http://www.brigadoondogs.org>

- **Service Dog Program:** trains assistance dogs for children and adults with physical and/or developmental disabilities
- **Youth Program:** pairs at risk students with assistance dogs in training. They help train these amazing canines to perform special tasks, and in the process the students learn valuable life skills.

RELATED WEBSITES

Pet Partners

<http://www.deltasociety.org/page.aspx?pid=452>

Information about service animals and a service dog trainer directory

Speech and Language Therapy

Connections

1145 Mt Baker Highway
Bellingham, Washington 98226
Phone: 360-756-1495

<http://www.connectionsslp.com/>

Provides evaluation and therapy for persons birth through age 21. Therapy addresses a range of disabilities including:

- Speech/language impairment
- Developmental disabilities
- Autism
- Genetic syndromes
- Hearing loss
- Sensory integration
- Feeding problems.

Peace Health Children's Neurodevelopmental Program

809 East Chestnut
Bellingham, Washington 98225
Phone: 360-715-6430 Fax: 360-715-6562

<http://www.peacehealth.org/st-joseph/services/center-for-rehabilitation/Pages/Children-Neuro.aspx>

Written referral by the primary care physician required.

For children (0-13 years) with identified or suspected neurodevelopmental disabilities or delays. Medical coupons accepted. Medical insurances are billed directly.

- Neurodevelopmental assessment
- Occupational therapy
- Physical therapy
- Speech therapy

Western Washington University Speech and Language and Hearing Clinic

Ground Floor of the Academic Instructional Center (East Wing), at the south end of the Western Washington University campus.

Phone: 360- 650-3881 (TDD) 360- 650-3262

Fax: 360-650-4334

<http://www.wvu.edu/csd/speechlanguagehearingclinic.shtml>

The Clinic accepts referrals directly from clients, as well as from physicians, educators, other speech-language-hearing professionals and allied health service providers. For insurance coverage, doctor's orders are frequently required.

- Audio logical assessment. Otoacoustic emissions, electro physiologic testing and other assessments are conducted
- Evaluation to guide selection of appropriate amplification including hearing aids, assistive listening devices and cochlear implants
- Central auditory processing assessment and treatment
- Communication assessment for individuals with hearing disorders
- Family-centered individual and group rehabilitation

Transition to Adult Services

Arc of Whatcom County

2602 McLeod Road

Bellingham, Washington 98225

Phone: 360-715-017

Fax: 360-715-85220

<http://www.arcwhatcom.org/>

Information and guidance regarding guardianships and legal issues when transitioning to adult services

Future Planning Guide

DSHS Developmental Disabilities Administration

Phone: 360-714-5000

<http://www.dshs.wa.gov/ddd/>

Contact the Developmental Disabilities Administration to see what services may be available.

RELATED WEBSITES

Adolescent Health Transition Project

<http://depts.washington.edu/healthtr>

New Directions

<http://www.newdirectionsfya.com/>

Post-secondary education for persons with disabilities

Whatcom County Developmental Disabilities Program

http://www.whatcomcounty.us/health/human/develop_disabilities/index.jsp

Several helpful, online publications for finding resources and planning for adulthood.

HANDOUTS:

Future Planning Guide

Transportation

Medicaid Transportation

Northwest Regional Council

600 Lakeway Drive, Suite 100

Bellingham, Washington 98225

Phone: 360-676-6749, 1-800-585-6749 Fax: 360-738-2451

<http://www.nwrcwa.org/>

Transportation assistance options include:

- transit passes for public transportation
- gas vouchers for use of personal vehicles
- intercity buses (such as Greyhound)
- taxi
- ambulance service

Whatcom Transportation Authority

http://www.ridewta.com/specialized_transportation

Specialized Transportation provides curb-to-curb transportation to people who are unable to ride fixed route buses due to a mental or physical disability.

Everyone who rides Specialized Transportation must first apply for eligibility. Eligibility requirements have been established by the Americans with Disabilities Act (ADA). To apply for eligibility, call (360) 733-1144.

Specialized Transportation trips must be requested in advance. Requests can be made until 5 pm the day before you ride, and up to 7 days in advance. Subscription service is also available for repeat trips.

HANDOUTS

Transportation Help to Medicaid-Covered Medical Appointments

Gas Vouchers for Medicaid-Covered Medical Appointments

Sample Fax Form for Gas Vouchers

Vision

Bellingham Central Lions Club

Frank Haskell Eye Clinic

1013 West Holly, Bellingham, Washington 98225

http://www.bellinghamcentrallions.org/Programs/Eye_Clinic/Eye_Clinic.html

Washington Sensory Disabilities Services

<http://www.wsdsonline.org>

On-site Help to

- Assess how the child is currently functioning and if there are classroom or home modifications that could help.
- Develop IFSP outcomes or IEP goals and activities that are meaningful to the student.
- Establish an effective communication system, or improve an existing one.
- Locate staff resources or materials.
- Start planning for life after high school.

Training

Local, regional, and state trainings throughout the year on topics relating to children and youths with deaf-blindness.

- **Training Calendar** for information on upcoming training opportunities.
- **Combined Summer Institute on Special Education**
- **Recorded Trainings available online**
- **Parent Support** Information about resources and special programs as well as a listserv to share information.

National Federation of the Blind

<http://www.nfb.org/>

Advocacy, education, research, technology, and programs encouraging independence and self-confidence.

- **Information about vision loss**
- Resources for **Living, Working, Learning** and **Recreation**

Northwest Braille Services

PO Box 234

Ferndale, Washington 98248

360 714-1630

<http://www.healthsupportcenter.org/nwbs/>

Northwest Braille Services is a nonprofit organization, whose purpose is to provide Braille materials, education, and information to individuals, groups, and/or agencies.

- Braille Transcription

- Braille Book Loan
- Braille Information Workshops (local)
- Braille Transcriber Training
- Resource Referral Service

Northwest Eye Surgeons

Werner Cadera, MD
 1306 Roosevelt Avenue
 Mount Vernon, Washington 98273
<http://www.nweyes.com/werner-cadera-md>

Northwest Vision and Learning Center

Curtis R. Baxstrom, M.A., O.D.
 1705 South 324th Place
 Federal Way, Washington 98003
 Seattle Phone: 253-661-6005
 Tacoma Phone: 253-925-5221
 Fax: 253-661-0633
<http://www.visionnorthwest.org/>

Northwest Vision Development Center

Peter Charron, O.D.
 1616 Cornwall Avenue, Suite 105
 Bellingham, WA 98225
 Phone: 360-393-4479
 Fax: 360-746-8661
<http://www.nwvisiontherapy.com/>

Whatcom County Resource Directories

Opportunity Council Resource Directory
<http://fms1.opcco.org/resources/guide.php>
Washington Information Network
<http://www.win211.org/>